



# Rensselaer

Want to improve your understanding of our Benefits Program?

JOIN OUR

# BRUNCH WITH

# BENEFITS WORKSHOPS



## SAVE THE DATE

The Division of Human Resources has partnered with several benefit carriers and will promote monthly workshops to discuss our benefit program and wellness initiatives—over brunch! We encourage you to set aside this time to ensure you are maximizing benefits and wellness programs!

**Our first Brunch with Benefits will be held on September 18, 2019 from 11 a.m. to 12 p.m. at CBIS-Bruggeman Room.** This session will focus on the results of the recent Wellness Survey. Members from our healthcare partner, CDPHP, will join us to share the results of the survey and for Q&A.

### **Brunch with Benefits will include the below:**

- Wellness survey results—30 minute presentation by CDPHP
- Benefits Q&A session
- Additional Rensselaer benefit resources
- Learn about becoming a Wellness Champion
- Free brunch!

*Can't make it? Don't worry—this is a series!*

Several Brunch with Benefits events will be held over the next year, focusing on those benefit and wellness topics important to the RPI community. Be on the look out for the next Save the Date!

For questions, please contact Lou Padula at extension 6164 or [padull@rpi.edu](mailto:padull@rpi.edu).